

Torque Conversion - In./Lbs to Nm

1 In./Lbs = 0.113 Nm

1 Nm = 8.85 In./Lbs

In./Lbs	Nm
5	0.6
10	1.1
15	1.7
20	2.3
25	2.8
30	3.4
35	4.0
40	4.5
45	5.2
50	5.7
55	6.2
60	6.8
65	7.4
70	7.9
75	8.5
80	9.0
85	9.6
90	10.2
95	10.7
100	11.3
110	12.4
120	13.6
130	14.7
140	15.8
150	17.0
160	18.1
170	19.2
180	20.3
190	21.5
200	22.6